Our annual conference was held on March 4, 2011 at The Marten House Hotel and Conference Center. We partnered again with the Indiana Association of Orthodontists for a daylong continuing education course featuring Drs. John Jin-Jong Lin and Chris Chang. We hope you can make the Burstone Symposium Conference on November 4-5, 2011. Dr. Kula has a terrific group of speakers lined up for this two day event.

(Pictured from left to right): Drs. Katherine Kula, Aron Dellinger, John Jin-Jong Lin, Jim Baldwin, Chris Chang, Eugene Dellinger, and Eric Dellinger
Greetings from President Serkis C. Isikbay

I would like to start by apologizing for the delay in our newsletter. It sure has been a very busy year. Your generous donations have allowed IUOAA to support the department and the residents throughout the year. Thank you for your dedication.

We celebrated the graduation of IU Orthodontic Class of 2010 on July 9, 2010 and the Class of 2011 on July 8, 2011 at the Woodstock Country Club. Friends, family and faculty all joined to share the excitement of the big day. Congratulations new grads!

The joint meeting for IAO and IUOAA on March 4, 2011 was well attended. It was great to have one of our own, Dr. Chris Chang, back with Dr. John Jin-long to present some of their experiences treating impacted cuspids and Class III malocclusions. It was wonderful to see many of our alumni attending the IU Orthodontic Alumni Suite during the AAO meeting in Chicago on Friday, May 13 and Saturday, May 14. In addition to the hors d'oeuvres on Friday night and light snacks on Saturday night, cocktails were served on both nights by the current residents.

As you should have received the notification by now, the Second Biennial Burstone Symposium on Biomechanics is scheduled to take place on November 4-5, 2011. We are looking forward to learning about some of the challenges temporary anchorage devices present. You will be pleased and proud to see many of our alumni are on the presenter list. Please note that the annual alumni membership meeting will be held on November 4th during lunch hour. The IUOAA constitution needs to be updated and your feedback would be much appreciated.

I would like to thank our immediate past-president, Dr. Kara Smith, and the board members for their efforts. I also would like to acknowledge Ms. Karen Jones and Ms. Pamela Lovejoy for their never-ending support of our association. Without their assistance, we simply would not be able to operate. I hope that you would continue your support to our association and consider contributing to the capital campaign fund.

Would you like to serve as a board member of the IUOAA? The board needs new members and leadership. Please let me know if you are interested.

See you in November…

ANNOUNCING THE SECOND BIENNIAL BURSTONE SYMPOSIUM ON BIOMECHANICS

TEMPORARY ANCHORAGE DEVICES: Problems and Solutions

Department of Orthodontics and Oral Facial Genetics
Indiana University School of Dentistry
Indiana Association of Orthodontists
Indiana University Orthodontic Alumni Association

MARK YOUR CALENDARS
November 4-5, 2011
The Second Biennial Charles Burstone Biomechanics Symposium is set for November 4 and 5, 2011. The topic is Temporary Anchorage Devices: Problems and Solutions. There is a great group of speakers from all over the world. Some are our own alumni who have lots of practical experience will also present (Lucia Cevidanes, Hwai-Nan Chang, Jae-Yun Sung, Toru Deguchi, Eustaquio Araujo, Mithran Goonewardene, William Hohlt, Saran Huja, Hee Moon Kyung, Hyo-Sang Park, Young Cheol Park, and W. Eugene Roberts.) Charles Burstone will summarize on the last day. A banquet will be held Friday evening and is included in the registration fee. So plan to visit us, talk with Charlie and take away a lot of good ideas! You will even get to meet our new dean, John Williams.

This year has been challenging. As a result of new interpretations of accreditation documents that requires preliminary notification of increased class size, we have had to submit two separate requests to the Commission on Dental Education to ask for permission for residents to stay beyond the anticipated graduation to complete their research and other work. We also asked permission to allow the two week overlap of the incoming residents with the graduating residents that has occurred for years. We are still waiting for an answer to the second request. Accreditation will take place in the fall of 2013, so we have to be good. The document will need to be written this fall.

The campaign for the James J. Baldwin Endowed Chair in Orthodontics continues to honor a man who has given so much to this program. We thank Dr. Baldwin for his continuous contributions. He will be 86 years young this September! If you appreciate what Dr. Baldwin has done for you, consider donating to his named chair to honor him. He will appreciate it.

Throughout the year, the department attempts to provide additional learning experiences for the residents. This year, the residents enjoyed a two day course on biomechanics from Tom Mulligan who graciously gave his time and airfare to give back to the school. Scott Jameson, a Director to the American Board of Orthodontics, also presented a course on outcome assessment of cases for the boards. Tony Puntillo and Saran Huja, both alumni of the program, reviewed the second year residents’ cases for a mock board in June and provided feedback so that the program could continue to strengthen their clinical education. Drs. Il-bong Kim and Jae-Yung Sung traveled from Seoul, Korea to present a two day course on biomechanics. Scott Jameson, a Director to the American Board of Orthodontics, also presented a course on outcome assessment of cases for the boards. Tony Puntillo and Saran Huja, both alumni of the program, reviewed the second year residents’ cases for a mock board in June and provided feedback so that the program could continue to strengthen their clinical education. Drs. Il-bong Kim and Jae-Yung Sung traveled from Seoul, Korea to present a two day course on wire-bending, TADS, and treatment philosophy to the residents.

Tamara Smith and Nitika Mittal presented research abstracts at the American Association of Dental Research Annual Meeting in San Diego this past spring. Contributions from the alumni helped to pay their way. The faculty and residents had a good time meeting alumni, family and friends at the Indiana University Orthodontic Alumni Hospitality Suite at the 2011 Annual American Association of Orthodontics Meeting. The suite was open on Friday and Saturday evenings. The residents are hoping to maintain a hospitality suite at the 2012 AAO meeting. (Do you think they just want to go to the beach?)

Our research program is building Katherine Kula and her co-investigators, Jie Chen, Ahmed Ghoneima, Sean Liu, Tom Katona, and Kelton Stewart received a $300,000 grant for IUPUI Signature Center Initiative funding to start the Three Dimensional Imaging of the Craniofacial Complex Center.

The three year grant will build on existing research using 3D CBTs and photography with 3dMD imaging software to study airways, craniofacial complex, and tooth movement. Research collaborations were made with Mechanical Engineering, Sleep Medicine, Pediatric Otolaryngology, the Riley Cleft and Craniofacial Anomalies Team and the University of Cincinnati Conservatory of Music for clinical studies using the 3D technology. One study involves 3D evaluation of the airways and dental characteristics of trumpet players and the relation with the quality of native trumpet playing. Approximately 70 university trumpet students were taped while playing various music scores and had the 3D CBTs taken. We hope to start studies on sleep apnea in the near future. The faculty associated with the Center will be amenable to working with practitioners on research ideas or presenting talks on the various studies that are being developed.

The NIH study on tooth movement continues with Jie Chen, Sean Liu and Katherine Kula. Airways of various malocclusions and the effect of treatment were also compared. Sean Liu is a co-investigator on a grant entitled “Quantitative Study of Repair in Segmental Defects of the Limb and Mandibular Bones of the Axolotl” funded by a IUPUI Research Support Fund Grant for $22,800.00. Sean also was awarded $85,428.00 through the IUSD Post-Doctoral Research Award Program for research on “Role of Periostin in Bone Remodeling during Orthodontic Tooth Movement”

On top of these grants, he received one of the AAOF Faculty First Awards this year. Way to go, Sean!

Sean Liu received the Benni-Solow for the best paper in 2010! Sean traveled to Istanbul, Turkey to receive his award at the European Journal of Orthodontics Meeting. He was invited to speak at the Orthodontics Department, Taipei Medical University, Taipei, Taiwan and at Baylor College of Dentistry, Dallas, Texas. He also presented his research at the 2010 IADR/AADR meeting in Miami. His professional development includes duties as councilor for the Indiana Section of the American Association for Dental Research and reviewing manuscripts for multiple journals. Sean has a teaching license and, in addition to teaching several research courses, also covers clinic.

Another winner is Chuck Pritchett, who was selected by the graduating residents as the 2011 Faculty of the Year. He received a beautiful plaque for helping the residents with clinical problems and going out of his way to present business management.

Kelton Stewart presented a talk at the presymposium meeting at the University of Michigan Moyers Symposium. Kelton is now Postdoctoral Clinic Director and works closely with Katherine Kula and Gayle Massa to enhance clinical training. Kelton also interacts with the residents on research ideas or presenting talks on the various studies that are being developed.
a great deal with the part timers. He mentored the research of a predoctoral student who received the IUSD Student Research Fellowship Funding Award.

Ahmed Ghoneima rejoins us as Research Assistant Professor. He is the Director of the Orthodontic Imaging Laboratory and has been busy helping residents with airway research and reviewing manuscripts for various journals

Irina Leyvand was active in her numerous duties as a predoctoral problem-based learning instructor and served on the DDS and Graduate Orthodontic Admissions Committees. In addition, she was treasurer of INAADR and did a fine job of recruiting new members.

Larry Garetto has changed his academic emphasis and will be the school’s lead in ethics. He is on a sabbatical for the next year in order to develop his expertise in this area. When he returns, he will be active in the Department of Oral Pathology, Medicine and Radiology. We would like to thank Larry for all his work and contributions to the department.

The Department welcomes Michael Koufos and Anthony (Tony) Puntillo to our volunteer faculty. Mike will start seeing patients within a couple of months, while Tony will be offering lectures to the residents. Don George is also teaching on Mondays and helping with the predoctoral clinic. Currently, we are negotiating with a craniofacial orthodontist to take over the duties that Jeff Dean and Kathy Kula have been doing for patients with craniofacial anomalies. We have seen approximately 100 craniofacial patients within the last 4 years and the numbers are increasing each year. One of the benefits of treating patients with craniofacial anomalies is that the residents are getting terrific experiences that they can carry into their practices. We are hopeful! Keep your fingers crossed that we can recruit the orthodontist. Mike Frazier, Chip Rigsbee, Jim Macri, Courtney Gorman, Jason Bunch, Ken Hyde, Nelly Diers and Jeff Dean continue to see patients with the residents and have made significant contributions to the program. Jenny Russell contributes to the predoctoral clinics education.

On July 8th, the Ortho resident class of 2011 (Eun Jeong Ahn, Mike Fanning, Ryan Helms, Terrah Larrabee, Brain Smith and Tamara Smith) graduated and celebrated with a wonderful awards presentation and dinner provided by our alumni. Thank you to all of our alumni for their wonderful contributions to the program. Another outstanding note for the class was everyone passed the American Board of Orthodontics Phase 2 Exam. Congratulations to all the class of 2011 residents!!

In the summer of 2010, we started a one year fellowship program and welcomed two new fellows, Paul Ellis and He-Kyong Kang. This July, we welcomed three new fellows, Billy Choi, Emily McCrea, and Emily Taing. Sean Liu has been named the Director of the Fellowship program. We are looking forward to this program growing and contributing to the overall research of the department.

This year has been fruitful for the department faculty, staff and residents in many ways. Ari Torres-Gorena had her first child, a beautiful baby girl, at the end of June. Ari has returned to direct the predoctoral program and assist with the postgraduate program. Sean Liu’s wife gave birth to a bouncing baby boy last fall. His cheeks are like two little pumpkins! Nicole Nguyen (Riley) got married in October and also had a beautiful son at the end of June. Ryan Brown and his wife had a little girl and Ryan is trying to find some time to sleep. Brian Smith’s first child is due this fall and so is Terrah Larrabee’s baby! Kathy Jones (Gottman) recently got married in June. Congratulations to everyone!

The Staff remains upbeat in morale despite the unknown state of fiscal affairs in the State. Gayle Massa remains a key fixture of the program and the new first-year class has quickly learned to depend on her. As a testament of Gayle’s impact on the program, a Staff Awards Committee within the department recently created the Gayle Massa Memorial Award to recognize outstanding staff contributions to the Orthodontic Program. The 2010 inaugural recipients were Gayle Massa and Shane Hatchett. The 2011 recipient is the Kathy Jones (Gottman).

Assisting Gayle in clinic coordination is Kathy Jones (Gottman) who also oversees the craniofacial anomalies clinic ensuring that patients with various anomalies receive the detailed care they need. Our other dental assistants continue to grow in their positions and bolster our residents’ educational experience. In general, the staff has really come together to form a cohesive group to deal with the challenges we currently face. All of their efforts are appreciated and we couldn’t do it without them. So here is applause to Monica Eller, Kathy Deon, Nicole Nguyen (Riley), Kari Arthur, Darlene Arnold, Kelly Bogan, Mary Ely, Tom St. Clair and Karen Vibbert for making the department run so smoothly. We welcomed a new administrative assistant to the chair, Amanda Shumaker, this past spring to the department. Give her a call sometime. You will like her.
Papers


Liu SS, Kyung KM, Buschang PH. Continuous forces are more effective than intermittent forces in expanding sutures. European Journal of Orthodontics. Advance Access published online on January 6, 2010. (This was the winner!)


Detterline D, Isikbay S, Brizidine E, Kula K. Comparison between clinical outcomes of 0.018-inch and 0.022-inch bracket slot size using the ABO Objective Grading System. Angle Orthod. 2010 May;80(3):528-32.


Parrish L, Roberts WE, Maupome G, Stewart KT. Bandy R, Kula K. The relationship between the ABO Discrepancy Index and treatment duration. Accepted, 2011 IADR Meeting


Li S, Chen J, Liu SS. Quantification of Clinical 3D Tooth Displacement. IADR/AADR/CADR 89th General Session and Exhibition, the San Diego Convention Center in San Diego, California March, 2011.

Abstracts


Mittal N. Shroff B, Best AM. Kula K, Lindauer S. Comparison of compliance of home-schooled and non-home-schooled orthodontic patients. Accepted, 2011 IADR Annual Meeting

Parrish L Roberts W, Maupome G, Stewart K. Bandy R, Kula K. The relationship between the ABO Discrepancy Index and treatment duration. Accepted, 2011 IADR Meeting


Ghoneima A, Kula K. The relationship between the ABO Discrepancy Index and treatment duration. Accepted, 2011 IADR Meeting

Mittal N. Shroff B, Best AM. Kula K, Lindauer S. Comparison of compliance of home-schooled and non-home-schooled orthodontic patients. Accepted, 2011 IADR Annual Meeting

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2010 Graduation Celebration

It was an evening to celebrate the end of the long academic journey for our graduates. While we were sad to see them go, we know they are prepared to go into practice. 2010 Graduates from left to right: Drs. Brad Dawson, Paul Sauget, Rodrigo Viecilli, Vanessa Parris Singh, Laura Parrish, and Chief Resident Brandon Parrish.

The graduation dinner sponsored by the IU Orthodontic Alumni Association was also the end of the presidency for outgoing IUOAA Board President, Kara Smith. Pictured on the left is Kara Smith handing the gavel over to incoming president, Serkis Isikbay.

A new award was created by the students to honor an outstanding faculty member. Dr. Kelton Stewart was selected by the residents to receive the award. Dr. Stewart is picture on the right with his award.

MARK YOUR CALENDARS

112th Annual AAO Session
Honolulu, Hawaii
May 4-8, 2012

Look for information later this year about our plans during the AAO
A special thanks to Larry Ellis and Michelle Wittler who again donated to the Adopt-A-Resident Program for 2011. The donations are used to send all residents to the AAO Annual Session in Washington, DC. The donation to Adopt-A-Resident is $1000. You may also split the cost with another alumni member.

If you are interested in donating to Adopt-A-Resident, please email Karen Jones at kdeery@iupui.edu or call at 317-274-8959.
Greetings from all of the orthodontic residents! The time is quickly approaching when the second years will be venturing out on our own and the first years will be preparing for the new incoming class.

The second years are working hard to finish the program strongly. We have spent the past few months studying for Part II of the board exam which we took April 20th. After 5 long months... the results are in... and all 6 of us passed! With just a few weeks left before graduation we are busy preparing to defend our research projects and finishing writing up 40 board cases in ABO format.

The first years are finishing up and are busy receiving all of the transfer patients as the second years prepare for graduation. At this time, all of the first years have already presented their research proposals to the research committee and have been approved to start their projects. New to the department this year was a fellowship program. They attend first year classes and observe/assist in the clinic. The incoming class of residents will also welcome four new fellows.

Along with graduation, all of the residents are looking forward to the annual Arbuckle Open golf outing on July 7th at Coffin Golf Club. It is a great tradition for residents, staff and faculty to socialize and work on their golf game!

We would like to thank the alumni association for contributing funds that aided in our travels to the AAO meeting in Chicago. All 14 residents attended the meeting and we enjoyed meeting many alumni of the ortho department at the hospitality room on Friday and Saturday nights.

The second years would also like to thank our part-time and full-time faculty for their time, knowledge and effort in providing us with an excellent education. Dr. Rigsbee is in clinic every Friday and offers an excellent class on finishing cases and how to properly present a case to the ABO. Dr. Frazier provides a surgical case conference every Thursday morning that offers an opportunity to test our critical thinking with unusually challenging cases. Dr. Pritchett is in clinic every Wednesday and one Thursday a month. He provides his clinical expertise and shares his wealth of knowledge on practice management and investing for the future. With the help of our newly appointed clinical director, Dr. Kelton Stewart, the IU clinic continues to be an inviting and highly rewarding place to be initiated in to this great profession.

We are all be moving to different parts of the country including Kansas, New Mexico, Tennessee, Illinois and Minnesota, and yes, even Indiana. We are proud to represent Indiana University Orthodontics as we join the orthodontic profession!

We hope you were able to join us in our suite at the AAO in Chicago. It was an opportunity for alumni to reconnect, hear from all the residents, and receive an update from Dr. Katherine Kula on the program. We were open on May 13-14 at the Sheraton Chicago Hotel and Towers. Plans for the 2012 AAO Meeting will be discussed at the next alumni board meeting. If you have any feedback regarding having a hospitality suite versus a reception in a room assigned to us by the AAO we would love to hear from you. Please send your suggestions to Karen Jones at kdeery@iupui.edu.
It has become a traditional event to hold the graduation dinner at Woodstock Country Club. Graduates are able to invite their families to join them on their last day in the program. In addition to family members in attendance, most of the faculty and staff are there to witness the presentation of the graduate's orthodontic certificate. The IU Orthodontic Alumni Association has continued to support the graduation dinner and wishes all new graduates the best of luck. We thank all alumni for their annual contribution which makes providing this dinner possible.

**Image A:** Dr. Baldwin is pictured center with the six of the seven members of the Class of 2011. Pictured from left to right are: Drs. Paul Ellis, Chief Resident Tamara Smith, Terrah Smith, Jim Baldwin, Eun Jeong Ahn, Michael Fanning, and Ryan Helms. Dr. Brian Smith was not able to attend due to a family illness.

**Image B:** Megan and Ryan Helms are with Part-time faculty member Ken Hyde. Ken is also the president of the IU School of Dentistry Alumni Association.

**Image C:** Chuck Pritchard pictured with some members of the Class of 2011. Chuck was selected by the residents as the Outstanding Faculty Member for 2011.

**Image D:** Kelton Stewart and IUSD Office Staff and Assistants (Sitting left to right: Gayle Massa, Karen Vibbert, Amanda Shumaker. Standing left to right: Kari Arthur, Kelly Bogan, Darlene Arnold, Dr. Kelton Stewart, Monica Eller)
Robert Eustaquio, Class of 1985

“Life is truly a circle and a quarter of a century after I received my Postgraduate Certificate of Orthodontic graduate as a member of the IUSD Class of 1985. I find myself back at the school not just to reminisce about my wonderful years here, and observe the fantastic changes to IUPUI and Indianapolis, but to ride along with surprise for reason being back for my own son’s enrollment as a non-degree graduate student in the IU Department of Prosthodontics. This is Timothy’s first homecoming too to his birthplace, having left Indy 24 years ago immediately after I completed my MSD in 1986. IJU gave me my graduate education and now, a reason to come back, my own son’s postgraduate education.

With my wife, Carol, we returned to our homeland immediately after the EDSA People Power Revolution to start anew our dental practices and with other US-trained orthodontists, helped set up the Graduate Program in Orthodontics at the University of the Philippines Manila. It was the Philippines 1st full-time university-based graduate orthodontic program. After becoming Chairman of the Program I left for full-time, orthodontic practice but not after seeing my own graduates become faculty members to other orthodontic programs that eventually formed like at the University of Baguio and currently at several private dental schools - Centro Escular University, Manila Central University, and the University of the East. Thus Filipino dentists did not have to leave home and at a great expense study abroad so the establishment of formal orthodontic training in the Philippines can indirectly be traced back to IU.

Since leaving IU, I’ve been active in the Association of Philippine Orthodontists (www.apo.com.ph), the Philippine Board of Orthodontics (www.PBO.ph) and co-editor to the Journal of Philippine Orthodontics, the Tapat sa Promesa-a GNWM church newsletter, and to www.ICD-Philippines.com. Carol, my wife of 27 years, was busy with the Philippine Society of Periodontology and the Kol Adonai Foundation/East Gate Jerusalem Foundation being mommy also to our 2nd child, Edward, who may try to visit Tim on his way back to Manila for his own college graduation, after he completes his OTJ at The Grand Hotel in Mackinac Island.

God has blessed us and you never forget your roots and for me, Indiana University was where my family life and professional career began.”

Lee Souweine, Class of 1986

“I was a major in the US Army while at IU. I am now retired from the army as a Lieutenant Colonel and practicing in Bangor, Maine. Our office and home are listed in the National Registry of Historic Places. My website is www.bangorbraces.com. I began treatment of my then 13 year old daughter, Kristen, while at IU. She is now a pediatrician in Bangor, Maine. Our son, who was three when I was at IU, is now an engineer who is also in Maine. He has two children, Lillian age 8 and Spencer age 5. Both are accomplished skiers and they spend weekends with us at Sugarloaf, a large ski resort in Maine. I am a snowboarder and backcountry skier in the winter.

In the summer we kayak, sail, and motor boat among the islands in the gulf of Maine. We enjoy our summer home on a lake outside of Bangor.

Since moving to Maine I have gotten into mountain climbing and extreme trekking. We have been to Mt. Everest base camp in Nepal several times, been to base camp of Annapurna in Nepal, and the Serengeti in Africa. I have climbed Mt. Kilimanjaro, the highest peak in Africa, Mt. Ranier in Washington, Island Peak in Nepal (at 20,000 ft. a small brother to Everest).

We have taken trips to cross country ski in Norway and downhill ski in Switzerland. The 54 km Birkebeiner cross-country race in Lillihammer, Norway, last year was quite arduous.

Sailing adventures have taken us to Greece, Spanish Virgin Islands, and the British Virgin Islands. Kayak trips to the Baja in Mexico were memorable as well.

I also play in a rock and roll band, the "Retrorockerz." Check us out at www.retrorockerz.com. While in the orthodontic program, I played in the rock band “Paradocs” along with my classmate, Rich Burns. We also did the first “1986” stained glass window as our class gift.

My best memories are meeting friends, classmates, and residents at the annual orthodontic meetings throughout the US. IU does a great job of hosting this event. I am in the process of transitioning and if anyone wishes to explore the opportunity, please let me know.

If I can help further, just let me know. It is hard to believe that 25 years have passed. Oh well, it happens to everyone.”

Jay Hughes, Class of 1986

“It’s hard to believe 25 years have passed since our graduation. It seems like yesterday that we were in Dr. Arbuckle’s biomechanics class, learning how to decipher force systems. His occasional comments aimed at Mark Johnson’s choice of fashion still make me laugh. I miss the simplicity of the days that we spent there. I am thankful to all of the people that were part of the faculty and staff during our time there. They taught us how to think, reminded us of the importance of each case, and challenged us to do things better.

Rich Burns, Class of 1986

Wow, those 25 years sure went fast. I look back on my years at Indiana as two of the best in my life. Hanging out at the 500 track in May with Jay, Jonnie and Lee was nothing short of a blast. Then there were the Friday night “Happy Hours” at various locations in Indy, where we (as poor residents) would pretty much clean the establishment out of any free food they happened to be offering. I have fond memories of our “Ortho Band” Paradocs, as we played for several dental school functions, not to mention a couple of jigs on the Butler campus where we actually made money! From an academic and clinical perspective, I gained a tremendous amount from the faculty at I.U. and I still base my treatment philosophies on the biomechanical concepts we were taught. I acknowledge that at times, I was a challenge for the faculty and staff, and for that, I apologize. I have learned much about people in general and myself in particular since I graduated from I.U. I only wish I had been able to make this journey sooner, as I feel certain that many of the mistakes I made while in residency would not have occurred. I really miss Dr. Arbuckle. There are many things I wish I could have said to him before he passed.

For those of you that don’t know, my marriage to Kathy failed badly several years after graduation, and I struggle with the repercussions of my divorce. On a positive note, I am happily re-married to Claudia, and we recently celebrated our 7th anniversary. I have been teaching at THE (!) Ohio State Orthodontic Division for the past 4 years, and I truly love being on the faculty. I built a new office in 2009 and then 6 months later, one of the residents that I helped train at OSU joined my practice. My “dream” plan is to practice for about another 10 years, and then to go into more or less full time teaching at Ohio State. Aside from work, I have maintained my interest in bass guitar, as well as automobile performance and racing. A more recent addition to my list of hobbies is recreational shooting.

In closing, I would like to express my heartfelt thanks to the faculty, staff and fellow classmates that mentored me while at I.U. My residency was a wonderful experience.

The following updates were requested by Jim Baldwin for our newsletter:

Don Lahman said that he retired 1 October 2010 and Dr. Ryan Pulfer purchased his practice.

Robert Nielsen said to inform you all that Revere A. Nielsen passed away 21 November 2009 after a long bout with prostate cancer.

Mike Hayes said, “that their son- Dr. Andrew Hayes- lives in St. Louis and his wife, Robyn, are expecting twin boys in February 2011 to add to a 4 year old son Drew & 18 month old son Hudson! We’re excited!”

Marybeth Brandt said, “I presented cases in Dallas in February 2010 to complete the ABO Clinical Exam.”

Rich Standertwick said, “I’m an associate clinical professor with the New University of British Columbia graduate orthodontic program.”
When Karen approached me about discussing my experiences in my first year of private practice it felt, a little too soon, like homework. While I am still unsure that my initial experiences differ much from yours, I hope my words will bring you back to the excitement and anxiety of the very beginning of your career.

Unlike my wife, Laura, who knew she wanted to be an orthodontist since she had her own bonded expander and long before she knew that there even was a dental school, let alone a competitive graduate program and loans so large we feel uneasy discussing the total, I didn't know I wanted to be an orthodontist until I was halfway through dental school. It really wasn't until I was working on patients in the undergrad clinic that I knew I was on the right path. Orthodontics fits my personality perfectly. It combines art and an eye for aesthetics with precision and science and provides many small challenges each day. I find great satisfaction in the many short visits with my patients and the small successes as the teeth move toward their eventual goal. After a year in practice, I still love each day, and can't help myself from smiling when there is a vast improvement between appointments or I can delegate certain duties I did alone in residency.

For Laura and me, Indiana's graduate program was an easy decision. Indiana's reputation for producing great clinicians with a master’s degree in only two years was ideal. We also wanted to attend the same program and share our daily experiences. Indiana provided this opportunity.

Although the program was trying at times, I can now appreciate the great education I received. Whether it is obsessive bracket placement, comfort with surgical cases, or the discussions about tax rates and deductions, there were many aspects of the program that have prepared me for private practice.

Laura and I faced difficulties in practice before we even graduated. In a weak economy, fewer patients were starting treatment and some practitioners had pushed back their retirement. As a married couple, locating one practice able to provide adequate opportunities for both of us proved too difficult. However, we were blessed to have found two great individual practices in the Fort Wayne area. Today, I work four days a week and Laura works three. We are expecting our first child very soon and are fortunate that Laura has the flexibility to reduce her schedule to be home with our son.

For me, there were many other challenges to face in the first year. I became partners with a kind-hearted doctor who had maintained a well-respected practice for almost forty years. However, change is always difficult and I soon found that small changes were very challenging for an experienced staff. The staff had produced great results for many years, what is the impetus to change? The challenge was to provide them a fresh outsider’s opinion, appreciative of their successes, but with the possibility of making results even better and more efficient.

We were told that running the business of a practice would be more challenging than the actual orthodontic work. I can now understand the true value of that message. Working with the patients and putting my education into practice is actually the less stressful work. The real challenge seems to be juggling that work with payroll, hiring new staff, dealing with staff personal issues, and the constant demands of daily business. Everything from evaluating and updating social media to deciding on the message for our answering machine is needed. Today’s business environment is constantly changing and demanding both technological and physical evolution. It takes patience to make your way through the daily operations of an office and learn each facet of the business. As much as I try, it seems like there is always something new for us to review.

Daily I face the task of continuing the growth of our practice. It takes time for happy patients to refer their friends and family. It takes time for dentists to see your results and feel comfortable trusting their patients to someone new. It takes time to build relationships that eventually lead to a growing business. This can be difficult to accept in a practice that now needs to support two doctors, one with staggering loan payments. Financial concerns are constantly looming at the beginning of your career, often compounded by a growing family.

While there were many challenges in the first year, there were also many rewards. There was pride and a sense of accomplishment the first time I was specifically requested by a new patient. I was excited to share my new ideas with my partner and to receive the benefits of his experiences. It is satisfying to watch my own treatment plans work smoothly. Throw into this busy year of transitions returning home after a twelve year absence, buying our first house, creating an office family, and starting a family at home and you have a one crazy year. One of the best of my life.
Indiana University School of Dentistry

7 NIGHT ALASKAN EXPLORER CRUISE
On Board the Holland America Cruise Ship MS Westerdam

June 30 – July 7, 2012

There will be 20 hours of continuing education offered on this trip. Our Continuing Education speaker for the cruise is Domenick T. Zero, DDS, MS. He holds the position of Associate Dean for Research, Director of the Oral Health Research Institute and Professor and Chair of the Department of Preventive and Community Dentistry at Indiana University School of Dentistry.

CRUISE PRICING:

Deluxe Veranda Suites  
$3,449 per person, double occupancy

Superior Veranda Suite  
$2,399 per person, double occupancy

Veranda (VB)  
$2,099 per person, double occupancy

Veranda (VC)  
$2,049 per person, double occupancy

Veranda (VD)  
$1,999 per person, double occupancy

Standard Ocean View  
$1,599 per person, double occupancy

Inside Stateroom  
$1,229 per person, double occupancy

Third & fourth guest in stateroom:  
$599 per person (subject to availability and not guaranteed)

Single pricing available upon request

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Ambassadair at 317-218-0802 or 800-225-9919 ext. 283
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